

St. Kitts
follow your heart

CULINARY POCKET GUIDE





Where rich culinary culture fuses Caribbean island ingenuity with Old World traditions. Passionate chefs create cuisine that shines with fresh-off-the-boat seafood and island-grown produce while restaurateurs dream up evermore magical settings to enjoy it all. Whether you're tucked within the historic stone walls of an old sugar plantation, sitting at a windswept picnic table on the sand, or dining at the signature restaurant of one of our 5 star hotels, you'll revel in a uniquely Kittitian experience – a love of good food enjoyed with great friends.

Restaurants

ELEGANT & SPACIOUS

STONE BARN

 PARK HYATT

The Stone Barn stands as one of the most beautiful dining halls in St. Kitts. Wide open doors lead to a stunning view of sister island Nevis across the narrows, while offering culinary excellence and execution at its finest. Located at the Park Hyatt in Banana Bay.



SOPHISTICATED MENU & EXTENSIVE WINE CELLAR

THE PAVILION

 CHRISTOPHE HARBOUR

Considered by many as the top dining experience in St. Kitts, Pavilion's luxe ambience is matched by its epicurean offerings. Nestled in the exclusive Christophe Harbour, this hidden gem in the southeast peninsula represents the pinnacle of culinary experience. Overlooking Sandy Bank Bay, this exclusive, open air dining hall is architecturally stunning in its design. A popular pick for an intimate night out.





BEST CRAFT COCKTAILS & SUNSET SPOT

SALT PLAGE

📍 CHRISTOPHE HARBOUR

Ideal for sunset and evening fun, SALT Plage is understandably one of the busiest bars in St. Kitts. Barefoot sophistication and one of the most extensive selection of spirits on the island await just steps from the Christophe Harbour marina. Indulge in island pleasures — a glimmering sunset, sailboats in the distance, chill Caribbean beats and a frozen Jumbie — all from the comfort of an inviting daybed or suspended hammock.

HACIENDA-STYLE AMBIENCE & INNOVATIVE CUISINE

CARAMBOLA BEACH CLUB

📍 SOUTH FRIARS BAY

A lively daytime beach club transforms into a dining destination as soon as the sun goes down. Day and night, Carambola Beach Club comes alive with both visitors and locals seeking to enjoy a hacienda-style ambience and creative international fare.



Discover

ST. KITTS

There are many reasons to journey to the island of a thousand treasures. To splash in warm, iridescent waters along pristine island shores. To dive ancient shipwrecks and virgin coral reefs. To sway to a soca beat, sipping local rum around a bonfire on the beach. St. Kitts is small enough to see in a day, and big enough to explore for a lifetime.

ICONIC BRUNCH & DINNER LOCATION

SPICE MILL

 COCKLESHELL BEACH

Sensory delight & satisfaction guaranteed. Highlights include delicious plant-based cuisine, fresh seasonal ingredients, and a gorgeous Cockleshell Beach sunset.





ECLECTIC MENU & FRESH-CAUGHT SEAFOOD

FISHERMAN'S VILLAGE

 PARK HYATT

Designed to reflect the huts and berths that once lined the St. Kitts coastline, Fisherman's Village is the place to enjoy stunning ocean views paired with island-inspired dishes and seafood fresh off the deck. Don't forget to order a customized Boulevardier at the outdoor lounge.



OPEN-AIR DANCE FLOOR & LIVE MUSIC

THE STRIP

 FRIGATE BAY

Looking for festive island nightlife? Head to The Strip. No plans needed – just walk 'til one of the many dining & entertainment establishments catches your eye, then head to the next as soon as you're ready for a new vibe. Get down to live music on open-air dance floors as you sip & savour authentically Kittitian drinks & dishes.



Island Favourites

All visitors to St. Kitts and Nevis are encouraged to sample the culinary scene on both islands. From casual beachside bistros to beautifully configured dining halls with spectacular ambience and views, you're bound to encounter magic wherever you dine.

HERE ARE OUR **TOP TWELVE PICKS** TO GET YOU STARTED:

THE PAVILION
CHRISTOPHE HARBOUR

Contemporary Caribbean flavours served in sophisticated surroundings with an exclusive club ambience.

THE STRIP
FRIGATE BAY

Open-air dancing and dining under the stars with a festive beach vibe.

SPICE MILL
COCKLESHELL BAY

Fresh sea-to-table fare and cool cocktails infused with locally made Hibiscus Spirits.

CARAMBOLA BEACH CLUB
SOUTH FRIARS BAY

Relaxed yet refined international cuisine for a laid-back beach lunch or elegant evening.

BANANAS BISTRO
NEVIS

Delightfully artsy and eclectic surroundings combine with delicious international dishes in this lush tropical hideaway.

THE KITCHEN
BELLE MONT FARM

A modern and elegant farm-to-table experience featuring organic ingredients grown on the estate.

EL FREDOS
RESTAURANT & BAR
BASSETTERRE BAY

An island institution featuring authentic Caribbean dishes made with seasonal local ingredients.

MARSHALLS
FRIGATE BAY

An island favourite featuring flavourful Caribbean fare against a backdrop of both poolside and ocean views.

ESQUILINA
FOUR SEASONS NEVIS

Casual cosmopolitan meets Mediterranean flair with an upscale yet relaxing ambience.

THE STONE BARN
PARK HYATT

Romantic, adults only dining with tasting dishes designed to ignite the senses.



SALT PLAGE
CHRISTOPHE HARBOUR

A beloved bar featuring sunset views, frozen Jumbie's, & a truly Caribbean vibe.

FISHERMAN'S VILLAGE
PARK HYATT

Excellent seafood & an open-air ambience that delights and delivers every time.



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Enjoy a trip to sun-splashed St. Kitts with direct flights from Air Canada out of Toronto plus flights from convenient US airports through Delta and American Airlines.