

While you could spend all day lulling on St. Kitts' golden beaches, there's much, much more to do in this tropical paradise. This one-day itinerary, ideal for cruise ship passengers disembarking at Basseterre, takes in the island's historic sights and scenic landscapes. Rent a car or hire a taxi and discover some of the best Caribbean vacation spots, with a few breaks for farm-to-table Caribbean cuisine.



8:30 A.M

BREAKFAST WITH ISLAND FLAVORS

Kick start your day with a traditional Kittitian Breakfast salted codfish and Johnny cakes at The Verandah. The Ocean Terrace Inn's new restaurant featuring seating indoors and on a breezy wrap-around terrace with panoramic views of Basseterre Bay.



9:30 A.M

EXPLORE THE CAPITAL CITY

Filled with gingerbread-trimmed pastel cottages, Basseterre is a friendly, laid-back town ideal for a morning stroll. Be sure to stop by St. George's Anglican Church, Independence Square, and the National Museum.





COASTAL DRIVE

Amble along the southern coast to Old Road Town. Just inland await the 17th-century ruins of a sugar mill at the historic Wingfield Estate; the flower-filled gardens of Romney Manor; and the Caribelle Batik store, where artisans hand-print fabrics using 2,500-year-old techniques from Indonesia.



12:00 P.M

VISIT A MIGHTY FORTRESS

Continue west along the coastal road through picturesque villages. You can't miss the towering bulk of Brimstone Hill Fortress National Park — a UNESCO World Heritage site — along the way. Dating from the 1690s, it provides an important look into the island's colonial past. Be sure to pick up an audio guide and map at the entrance.



2:30 P.M

THE STORY BEHIND "AMAZING GRACE"

Learn how ship captain John Newton came to write the beloved folk song "Amazing Grace"—and how it relates to St. Kitts—at the Amazing Grace Experience at Sandy Point.



3:30 P.M

DINE IN DIEPPE BAY

Trek across the foothills of Mount Liamuiga, and venture off the beaten path to eat lunch in Dieppe Bay. Seafood is this town's specialty:

Whether you crack into a lobster at Reef Bar and Grill or dig into a grilled wahoo sandwich at Arthur's, you'll leave satisfied, ready for the next leg of your journey.

5:00 P.M



BE A BEACH BUM

Be apart of the beach action of South Frigate Bay Beach.

Splash in the surf, go for a sunset stroll along the one-mile stretch of white sand or follow the sound of Carribbean rhythym to the many island bars that serve drinks, food, craft, and trinkets.



7:00 P.M

FINE DINING WITH A VIEW

Sit down to a helping of Caribbean bouillabaisse at Serendipity, and enjoy a dinner paired with breathtaking views of Basseterre Bay.

Alternatively, you can head to Frigate Bay — its restaurants and bars make for a lively night.



8:30 P.M

BAR HOPPING ALONG THE STRIP

Enjoy rum punch and dance the night away to a live DJ or band at the many buzzing, spirited beachside bars along The Strip in Frigate Bay.